

2019-2020
St. Monica & St. Lucy Parishes
8th Grade Lesson Plan
4:00-5:00pm

Date	Book, Chapter, Verse	Writing a Reflection
Mon, Sept 30	Mark 1: 1-45	For each of these readings do the following: (1) prayerfully read the entire selection to yourself aloud looking for what passage grabs your attention. (2) Take the passage to prayer by <u>hand-writing</u> a short reflection on each of the three following questions for the selection that grabbed your attention: (a.) What does this passage teach you about Jesus? (b.) What does this passage teach you about yourself (c.) What can you take from this passage that you can put into practice in your own life?
Mon, Oct 7	Mark 2: 1-3:6	
Mon, Oct 21	Mark 4:1-34	
Mon, Nov 4	Mark 4: 35-6:6	
Mon, Nov 18	Mark 6: 30-7:23	
Mon, Dec 2	Mark 8: 27-38	
Mon, Dec 16	Mark 9: 2-48	
Mon, Jan 13	Mark 10: 1-52	
Mon, Jan 27	Mark 11: 1-26	
Mon, Feb 10	Isaiah 52: 13-53:12	
Mon, Feb 24	Mark 26: 1-75	
Mon, March 9	Mark 15: 1-47	
Mon, March 23	John 20: 1-31	
Mon, April 6	1 Corinthians 15	

Before you read, find a quiet place where you will not be disturbed by anyone or anything. Silence your phone and turn off any electronic devices. If you'd like to play some meditative music (religious) that would be okay. (Suggestions: Christian rock or Gregorian chant). Make sure you have a dedicated notebook for writing your reflections and a pen/pencil. (Don't use your computer. Hand write these reflections)

Begin with the sign of the cross: *"In the name of the Father, and of the Son, and of the Holy Spirit."*

Then pray:

Receive, Lord, my entire freedom.

Accept the whole of my memory, my intellect, and my will.

Whatever I have or possess, it was you who gave it to me;

I restore it to you in full,

I surrender it completely to the guidance of your will.

Give me only love of you together with your grace,

and I am rich enough and ask for nothing more. Amen.

Begin your reading aloud...

Once you've completed your reading. Write your reflection on the passage that grabbed your attention.